

Paper Registration 2019

First & Last Name:

Email:

Phone #:



- I prefer that my contact information remain anonymous

Do you have any sensitivities or injuries we should know about?:

Do you have dietary restrictions we should include in choosing snacks? (We can't promise but will do our best!):

Are you interested in helping the weekend go smoother with an hour or less of volunteer time?

- Yes (Please write in your preference if any):
 No thanks

Housing:

- I can Offer Housing
 I Need Housing

Additional comments:

-
- | | | |
|--|-------|-------|
| <input type="checkbox"/> Full Weekend Ticket (Before 4/14) | \$99 | _____ |
| <input type="checkbox"/> Full Weekend Ticket (After 4/14) | \$115 | _____ |
| <input type="checkbox"/> Friday Evening | \$25 | _____ |
| <input type="checkbox"/> Saturday Morning | \$20 | _____ |
| <input type="checkbox"/> Saturday Afternoon | \$20 | _____ |
| <input type="checkbox"/> Saturday Evening | \$25 | _____ |
| <input type="checkbox"/> Sunday Morning Waltz | \$10 | _____ |
| <input type="checkbox"/> Sunday Contra | \$20 | _____ |
| <input type="checkbox"/> Chip-in an optional amount for Snacks | \$5 | _____ |

Total Enclosed: _____

Please make checks payable to Triangle Country Dancers, with SDR 2019 as the memo, and mail to:
David Prins / Re: SDR Registration / 1936 Snow Hill Rd Durham, NC 27712

Optional Saturday Box Lunch

Box Lunches include one main item, one side salad, and a fresh made cookie. Gluten free bread available, and meat add-ons are available for the Salads. Please select a main item, then a side salad, then other options.

Sandwiches

- SUNFLOWER TUNA SALAD:** Tuna Fish, Sunflower Seeds, Herbs, Mayonnaise, Sweet Relish, Leaf Lettuce, Wheatberry Bread.
- TURKEY CRANBERRY:** Roasted Turkey Breast, Creamy Havarti Cheese, Rustic Cranberry Mayo, House Made Pickles & Leaf Lettuce on Wheatberry Bread.
- TURKEY WHEATBERRY:** Roasted Turkey Breast, Havarti Cheese, Green Leaf Lettuce, Garden Tomato, Pesto Mayo on Thick Sliced Wheatberry Bread.
- CLASSIC HAM AND CHEESE:** Honey Ham, Swiss, and Green Leaf Lettuce on Wheatberry Bread.
- LAVENDER POPPY CHICKEN SALAD:** Lavender Poached Chicken, Celery, Poppy Seeds, Grapes, Signature Dressing, Leaf Lettuce, Butter Croissant.

Wraps

- GRILLED CHICKEN:** Grilled Chicken Breast, Cheddar Cheese, Green Leaf Lettuce, Garden Tomato and Parmesan Ranch on a Flour Tortilla
- JALAPEÑO TURKEY:** Oven Roasted Turkey, Pepperjack Cheese, Fresh Jalapeños, Green Leaf Lettuce, Garden Tomato, and Honey Mustard on a Cheddar Wrap.
- LOADED VEGGIE & BUTTERBEAN HUMMUS (VEGETARIAN):** House Made Butterbean Hummus, Sprouts and Cheddar Cheese Wrapped up with Tons of Chef Choice Veggies. (Vegetarian)

Salads

- MIXED GREENS:** Spring Mix, Hard Boiled Egg, Shredded Carrots, Cucumber, Grape Tomato, Sunflower Seeds, Croutons, Herb Buttermilk Dressing.
- SPINACH & BERRY:** Fresh Spinach, Seasonal Berries, Pistachios, Smoked Blue Cheese, Berry Vinaigrette
- ARUGULA & PEAR:** Peppery Arugula, Crisp Pears, Walnuts, Dried Blueberries, Chevre, Balsamic Dressing

Side Salad (Included) (Choose One)

- Baked Potato Salad
- Italian Pasta Salad (vegetarian)
- Broccoli Salad (vegetarian)
- Kettle Chips (individual 1 oz bag)
- Tomato and Cucumber Salad
- Seasonal Fresh Fruit

Base Cost

\$12.00 _____

Other Options

- Substitute Gluten Free (Sandwich or Wrap) \$2.00 _____
- Add Chicken to my Salad \$3.00 _____
- Add Salmon to my Salad \$4.50 _____

Your Lunch Total (for front of form)
